

## Adventure sports. Children's activities

Fun packed, multi-activity Easter Activities for children aged 8 to 14 years.

Monday 7 April – Tuesday 15 April 2014 (excluding weekends) | 08.00–18.00

A wide range of activities will be on offer including sailing, canoeing, raft building, archery, rifle shooting, trampolining, climbing, swimming (including "Commando Run" inflatable), team challenges and many indoor sports games.

Further information: Sport and Wellbeing, Jubilee Sports Centre, University Road, Highfield, Southampton, so17 1BJ Tel: 023 8059 2119 | Email: Sportwel@southampton.ac.uk www.southampton.ac.uk/sportandwellbeing

Ofsted Registered









All of the Sports Staff have been checked by the Criminal Records Bureau and are trained on the relevant Child Protection issues.